



Positive Affirmations Awe-Inspired by Nature

To help ground and inspire students to write their affirmations, take a moment to appreciate the beauty of nature by looking at photographs or watching a video of stunning natural scenes from around the world. Afterward, as a class, discuss what you noticed and appreciated in the scenes.

Examples of Student Affirmations:

- Every day is a fresh start.
- Today I choose happiness.
- I am ready for new challenges.
- I am getting better with each day.
- I have respect for myself and for the people around me.

- My life has meaning.
- I love who I am.
- I am important.
- I have great ideas.
- I can make a difference.
- I am intelligent and can do many things.
- I have goals to pursue.
- I can change the world.

A collection of awe-inspiring nature videos from various places around the world.
(*YouTube is a great source. See the resource section below.*)

- [Awe-Inspiring Landscapes of Dominica](#)
- [Our Planet In 4K](#)
- [Wonders of the World 4K](#)
- [Uganda 4K](#)